

Here are some vegetables that you can plant on your allotment in Felixstowe, Suffolk in **August:**

- **Carrots:** Sow carrot seeds directly into the ground in August. Carrots prefer cool, moist soil, so you may want to start them indoors and transplant them outdoors once the weather cools down.



- **Kale:** Kale is a cold-hardy vegetable that can be harvested throughout the winter. Sow kale seeds directly into the ground in August.



- **Kohlrabi:** Kohlrabi is a fast-growing vegetable that can be harvested in just a few weeks. Sow kohlrabi seeds directly into the ground in August.



- **Lettuce:** Lettuce is a cool-season vegetable that can be sown in

August for a fall harvest. Choose a variety of lettuce that is suited for fall, such as butterhead or leaf lettuce.



- **Onions:** Sow onion sets or onion seeds directly into the ground in August. Onions prefer full sun and well-drained soil.



- **Peas:** Sow pea seeds directly into the ground in August. Peas prefer cool, moist soil.



- **Spinach:** Spinach is a cool-season vegetable that can be sown in August for a fall harvest. Choose a variety of spinach that is suited for fall, such as winter purslane or New Zealand spinach.



You can also plant flowers in August to attract pollinators and add beauty to your allotment. Some good choices for flowers to plant in August include:



- **Calendula**: Calendula is a hardy annual that blooms from summer to fall. It is a good choice for attracting pollinators.



- **Cosmos**: Cosmos is a tall, airy annual that blooms from summer to fall. It is a good choice for attracting butterflies.



- **Marigolds**: Marigolds are a bright and cheerful annual that blooms from summer to fall. They are a good choice for attracting pollinators and deterring pests.



- **Sunflowers**: Sunflowers are a tall, stately annual that blooms in summer. They are a good choice for attracting pollinators and providing food for wildlife.

I hope this helps!

A helpful hint by Robert Chalmers, Lot 37.